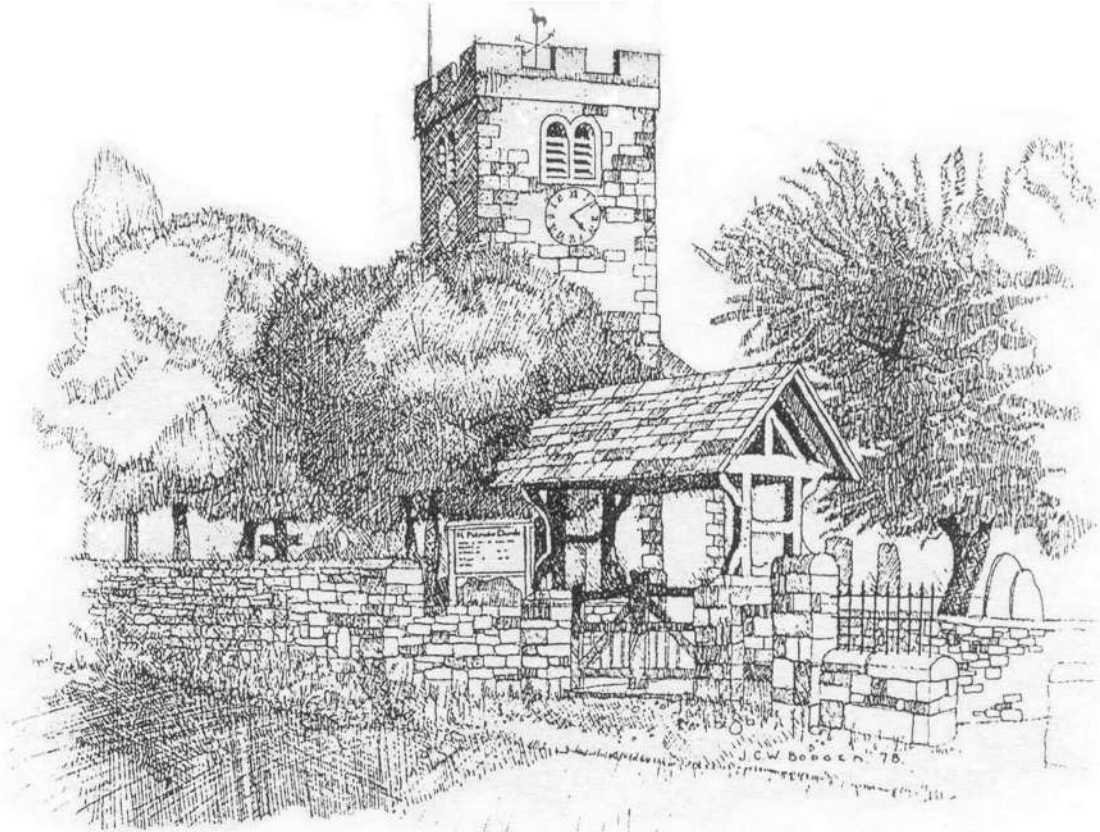


BAMPTON PARISH NEWSLETTER APRIL – MAY 2024



Hello,

At present our churches are celebrating Easter, the most important feast in the church calendar. From Good Friday walks of witness at Shap, to dawn services at the Millennium Stone, Christians in the area are celebrating the death and life of Jesus.

Students of GCSE RE will know that Christians believe that Jesus' death resolved a problem: the problem of sin. His death is believed to be an atonement for the sins of everyone: past, present and future. Sin is one of those words that has accumulated a lot of unhelpful baggage. At its root, sin refers to choices we make that separate us from the divine purpose: what God wishes, if you like. Christians believe that we can't fully know the mind of God, so beware of anyone who claims to have a complete and certain knowledge of what is, and isn't, sinful!

At the heart of Christian faith is the recognition that we cannot avoid sin. Because of the atonement, that fact neither drives us to despondency, nor stops us from striving to do better.

For Christians, Jesus' atoning death on the first Good Friday is crucial, but understanding how it works is one of the great problems of theology. So, again, beware of anyone who says that they have all the answers. Christians are confident

of what God is offering, but they struggle (in a good way) to explain the mechanism.

The Revd Nicky Gumbel (of Alpha Course fame) tells the story of two close school friends, separated for many years, who meet each other again in court. One, it turns out, has become a judge. The other, unfortunately, is the defendant, justly charged with a crime for which the penalty is a hefty fine. The law requires that the defendant be found guilty and punished with the prescribed fine. The judge passes sentence, but then descends from the bench, and writes a cheque, paying the fine for his old friend. The needs of both justice and mercy are served.

This analogy isn't perfect, but it offers us a concrete place to start. You might wonder, for example, why an all-powerful God doesn't just change the law? Or why the victim of the crime doesn't have a say in the punishment? These are interesting questions for lawyers and theologians alike (and I've been both).

What is really celebrated at Easter is forgiveness: refreshment for the injured party, the perpetrator and the community, which frees us to live life in all its fulness. Jesus talked about forgiveness a lot. The story of the prodigal son (Luke 15) is a key narrative: the son wrongs and abandons his father and defiles himself by the standards of his own culture. When he realises the error of his ways and returns home, he is received unhesitatingly and unconditionally by his father. (His brother, interestingly, is distinctly grudging about it all.)

Forgiveness is rather like God sending us a cheque which will enable us to pay the fines we owe him for our shortcomings. If we are people of good will and conscience, our shortcomings weigh us down, whether we think that we should be punished for them, or not. There is freedom in paying our dues and putting our inadequacies aside. In order to do that, we have to accept the cheque, cash it, and pay the fines. Doing that can be hard: we might feel unworthy of forgiveness, or unrepentant about what we have done. It often takes grace to accept forgiveness, but receiving it is as important as offering it. Forgiveness is freedom for all, and accepting forgiveness is a sure way to becoming someone who forgives.

Stephen

Contact Details

Stephen Tudway, Vicar

01931 719210

Elizabeth Coy, Church Warden

01931 713211

Maureen Barber, Church Warden

01931 713314

Annual Parochial Public Meeting

The annual meeting of St. Patrick's PCC will be held on **Tuesday 16th April at 7pm** in the Church Hall. It is hoped that as many people as possible will attend, to learn what the Church has done during 2023 and proposes to do within the parish in the future.

COME AND JOIN US
for
ST PATRICK'S CAFE CHURCH

at 9.45am on Sunday, 14th April when the theme will be 'Caring'
and on Sunday, 12th May at 9.45am we will discuss 'Liberation'.

Bell Ringing

Visiting ringers and anyone who might be interested in learning how to ring are always welcome. Practice dates (see Diary Dates) are subject to change. Please contact the Tower Captain in advance on Tel: 01931 716822 in order to confirm a date and time before your visit. Thank you.

Bampton PCC

Open the Book

Some people may be aware of Open the Book; some may not. We are a team of adults who go into to three local schools, Orton, Tebay and Shap, on a fortnightly basis to narrate and dramatise Bible stories.

We wear very basic costume, and take it in turns to narrate or act according to our personal preference.

We have been doing this since May 2011, and all three schools continue to make us very welcome; the children are often quite excited to see us arrive!

For various reasons we have lost a few team members over the last couple of years and we are looking for new people – men or women – to join us.

The more there are of us the less often each individual needs to take part. It is quite a commitment, with alternate Mondays in term time for the presentations at each school, and a short rehearsal on the previous Wednesday. Some parts have words to speak – which most of us do not learn but have hidden crib sheets! But some parts are non-speaking, but just as important. Because these presentations take place during the school day we tend to be a group of pensioners, but you do not have to be!

We come from various areas locally, but at present we have no-one from Tebay on our team so it would be good to have a representative from there.

If you feel you would like to know more about this, with a possible view to joining us, please contact me at marypjenkin@gmail.com or phone 015396 24410.

Le groupe français

Pas de répit pour Pâques! Nous continuons à explorer différentes formes de français et avons profité d'une visite à Rheged pour voir le film "Anatomie d'une chute". Les sous-titres ont été très utiles. À l'approche de la saison des boules, vous nous verrez peut-être dehors au soleil. Merci de nous rejoindre si vous êtes de passage. Les dates de nos réunions figurent en fin de newsletter.

Marion Jones (713555) mjoneskili@gmail.com

Bampton & District Local History Society

Bampton is a small and relatively isolated Parish in the Lake District, but the Bampton & District Local History Society, (BDLHS), is very fortunate in being able to attract speakers of consistently high quality, who are not only well qualified, but often distinguished in their own chosen field of expertise. Dr. Rob David addressed the February meeting on "Holidays in the Lake District in the 1940/50's", and the March meeting heard about the "LNDP Archaeology Volunteer Survey Results on Bampton Common", from Ormonde Joel and John Hinchliffe. The next meeting of the BDLHS will be held on **Tuesday 9th April** in Bampton Memorial Hall at **7.30pm** when Christine Craghill will talk on "Around the Farmhouse Fireplace". The final meeting of the 2023/2024 season will be an outdoor event on **Tuesday 7th May** starting at the car park at Burnbanks at **6pm**. This will be a follow up to the March meeting, and will be a walk on the Haweswater side of Bampton Common, led by Ormonde Joel and John Hinchliffe. Meetings of the BDLHS are open to members and visitors alike. Anyone interested in joining the Society should make contact with the Membership Secretary, Heather Pitt (01931 719187).

Andrew Yates, Chair BDLHS

Village Litter Pick

On **6th April** we will be holding a community litter pick, helping to keep the Parish as lovely as it can be during springtime. Meet at Bampton Memorial Hall for **10am** – we have plenty of rubbish bags and litter pickers.

Just an hour or two of your time – join in and help us keep the valley tidy.

India Tuer, Bampton Parish Council

Bampton Community First Responder Team

If you think you'd like to join the team and help provide essential emergency cover for the local community please feel free to get in contact with me for an informal chat or look at the NWAS CFR page <http://www.nwas-responders.info/> All applications are submitted through the web page and are confidential.

If you feel unwell and think it is a medical emergency DIAL 999 or 112 and ask for AMBULANCE. Any on call CFR's will then be tasked by Ambulance control to attend if appropriate. CFR's will not be tasked to attend all 999 calls but will be asked to attend the following type of emergencies: abdominal pain, severe allergic reaction, breathing problems, fitting, diabetic emergency, chest pain, stroke, loss of consciousness, collapse, cardiac arrest, respiratory arrest, some trauma. We will not normally be tasked to any incident involving children under 12.

Christine Hill, Bampton CFR Team 07771934996 christinehillski@gmail.com

Tinclar's Library

The library will be open **every Monday from 12 noon until 2pm** during April and May. In case of any queries, please contact Tinclarslibrary@icloud.com.

Coming soon – look out for our plant stall by the library.

Sue Bletcher, Trustee

Bampton Sports/Family Fun Day

After a successful relaunch last year we will be holding another Bampton Sports/Family Fun Day this year. The fell race is back this year and we hope to run a junior cross country race but we need more help to ensure this can go ahead!! There will be craft stalls and a competition tent as well as the old favourites e.g. tug of war, wellie throwing. Children's races will of course feature too. So put **Sunday 16th June** into your diary – this is Father's Day again so we will be repeating some of the successfully themed races from last year!!

We really need more volunteers to help with the organising before the day and on the day itself. **The next meeting of the Sports Committee is on Wednesday 17th April at 7.30pm in the Mardale Inn** – so please come along if you feel you could help – we are a friendly bunch. Or contact Anna Cooke on 713392 or knooshkin@gmail.com if you feel you could lend your support but can't make the 17th.

Bampton REMOTE cinema

20/04/2024 The Blues Brothers (1980, 15, 133 mins)

The Blues Brothers is the car chase one, described as the greatest in movie history! Get ready for a great soundtrack with cameo appearances by blues and soul greats. The brothers, Jake and Elwood, recently released from prison, reunite to raise money to save the orphanage they grew up in from closing, convinced they can earn it by getting their old band back together. But they make several enemies along the way, including the police. Can they still deliver the money on time? And what a great chance to dress up as gangsters! Early ticket buying will avoid disappointment, this could be really popular.

Tickets will be on sale at **Bampton Stores** from **Wednesday 3rd April to Wednesday 17th April**. Our splendid 2 course supper menu (plus teas and coffees) will be on the supper tickets film list, just ask. Tickets are on sale at the door on the night for film only as usual. **Look out for the film posters around the village: adult meal + film: £12; U16 meal + film: £9. Film ticket price: adult: £5; U16:£2.**

As always, there is the bar courtesy of the village hall with the finest wines known to humanity, beers and soft drinks. **Supper is served at 6pm** in Bampton Memorial Hall and **the film starts at 7:30pm**. Ice-creams at the interval; look out on screen for forthcoming events around and about the village.

We apologise to all or loyal audience disappointed by the cancellation of *Oppenheimer* for March. Universal Studios pulled all licences for the film already in the pipeline for Cine North venues, from January to March (film awards season), and put it back on general release. Instead we screened *The Great Escaper* starring Michael Caine and Glenda Jackson and what a delightful film it was.

Thank you for continuing to support your cinema on the doorstep this year.

Call Hazel (713311) for any questions about cinema matters.

Hazel, Mike, Sue, Dave: Bampton REMOTE cinema committee

Flooding

Have you been affected by flooding in the Bampton area? Whether it's your Home/property
Land/stock/livelihood
Travel/work/school/deliveries
Nature and the local environment

Please send your comments to the Parish Council at Clerkbamptonpc@gmail.com
Bampton Parish Council are compiling a list of concerns and issues and will liaise with the landowners, businesses and authorities in the hope that the increased flood risks can be managed and reduced.

Bampton Pilates



Pilates is continuing in Bampton Memorial Hall at **5.30pm and 6.30pm on Monday evenings**. Every class has a different focus, and we use different equipment to facilitate improving our strength, mobility and flexibility. All equipment is provided. Please contact Alexis on 07411 902674 or penrithpilates@gmail.com

The Mardale Inn Update

With Spring arriving in the Valley, we'd firstly like to thank everybody for supporting the community pub during the dark Winter months.

Apart from closing for a few days for a deep clean, we opened 7 days a week as both a service to our locality and to ensure our colleagues continued to earn consistently. Music events, Burns Night and Pub Quizzes have been very well attended. Seniors' Lunches on Fridays provided a weekly highlight for many. Our Winter Dinner Bed & Breakfast offer ensured our rooms were occupied and visitors got to enjoy Bampton Valley too. The Mardale Inn Loyalty Card has proved to be very popular ensuring your community pub delivers beneficial pricing and great value to locals.

Looking forward, we are excited to be launching a new Spring Menu. Head Chef Nick has retained some must-have Mardale favourites but has added a number of totally new dishes, utilising in season produce and locally sourcing where practical. Please visit our website at www.themardaleinn.com to review menus and make a reservation.

Given the success of the "Seniors' Winter Lunches" and the Mardale Inn Loyalty Card, from **Friday April 5th** we are launching "**Spring Locals' Lunches**". On presenting your loyalty card, you will be entitled to 10% off lunchtime food **every Friday until the end of May**. Your food and drinks will continue to accrue loyalty card points representing another 10% discount. If you don't already have a Mardale Inn Loyalty Card, please ask for a form in the pub or go to www.themardaleinn.com/loyalty.

Finally, we are hoping you are reading this in time to attend our final Winter Pub Quiz on Easter Sunday 31st March at 8pm. This too is a Charity Quiz with entry fees (only £2 per head), raffle tickets, and any cash or QR code donations too,

going in support of Bampton Valley First Responders. You can both have fun on the holiday weekend and help maintain an essential local service that benefits us all.

For other Spring events, follow our Facebook page (@bvcpinn), visit the website or keep an eye on the Valley noticeboards.

We look forward to seeing you again soon.

The Mardale Inn Team

Bampton Valley Stores

As you will have read at the end of February, Bampton Valley Stores remains your local ‘General Stores and Coffee Shop’ but in early April will change to a new mode of operation. It will continue to offer very friendly service, consistent opening hours (9am – 1 pm, 7 days a week) and fair pricing, but will now be community led and volunteer staffed. It is supported by Askham Stores, Bampton Trust and the Community Benefit Society behind The Mardale Inn.

Thank you to the many folks who have already come forward to volunteer their time. Remember that even with lower day to day costs, it’s really important that the Stores are supported as best as possible locally (the ‘use it or lose it’ principle). The volunteers are therefore looking forward to welcoming as many folks in as possible!

Please drop by for a tea or coffee and pasty or cake, order your magazines, or pick up your weekly Herald or household basics or some specialty items like Low Howgill meats, More bakery or Cranstons pies.

We are still looking for volunteers to help serve in the shop. If you feel able to help, please get in touch. Any questions or other ideas please feel free to chat with us or email stores@bamptontrust.org. See you soon!

Alison, Jane, Janet, Jacqui, Lee, Phil, Sue

Who was St. Patrick?

He is Bampton’s patron saint, but Bampton Patrick, one of the parish’s two medieval parts, was not named because of that, but because of its early medieval owner Patrick de Culwen, there in Henry II’s reign (i.e. the later 12th century). The other part, Bampton Cundall, was owned by the Cundalls by 1160.

St. Patrick was a Briton born c385 in the last years of the Roman Empire. His grandfather was a priest, his father a deacon who also served on his town’s council. The family lived in Glannoventa, now Ravenglass, the southmost fort continuing the line from the Roman Wall. His dad was rich enough to have a holiday house nearby and Patrick was staying in it in his mid-teens one day when Irish raiders landed and wrecked it, robbing it and taking him away as their slave, one of many such taken in that raid. At 15, he and they had ignored their priests’ sermons, and so, says Patrick, this befell them.

After six years as shepherd, God prompted him to flee and led him to a port 200 miles away, to take passage in a ship there, after a bit of haggling with the crew. They then walked inland, starving, for weeks, before he got back to his parents and their welcome. But then God sent him a vision of Western Ireland’s spiritual needs – “Holy birth of a boy, come back!” And he did, becoming their bishop, working

from Armagh. In 461 he died in Co Down on one of his missionary journeys. He never lost his trust in God, and remained humble lifelong.

Jeremy Godwin

Bampton Mobile Post Office

Bampton Post Office operates from the Memorial Hall on **Wednesdays between 9.00 – 10.30am**: most postal services continue to be available from this mobile unit.

The local bus

Face masks are now optional on the Fellrunner bus weekly **Thursday** service. The bus will go down **Rosgill Hill at 10.10am**, then travel via **Bampton Grange (10.18am)** to **Burnbanks (10.25am)** and leave **Bampton at 10.34am** to arrive (via Morrisons) at **Penrith Bus Station at 11.05am**. The return bus will leave **Penrith Bus Station at 1.15pm** to arrive back in **Bampton at 1.42pm**, **Burnbanks at 1.53pm** and **Rosgill at 2.08pm** (subject to passenger requirements). Bus passes can be used and children under 16 years travel free.

Bampton Village Website www.bamptonlakedistrict.org.uk

Please send any updates for the website to Chris Cant on chris@phdcc.com or 713240. Any new photos very welcome.

Copy deadline for the June/July issue is 5pm on Thursday 23rd May.

Please send all items to:

Heather Pitt (Tel no: 01931 719187) pathfinders2728@gmail.com or

Jane Storey (Tel no: 01931 713490) Jane_storey@btinternet.com

PARISH DIARY

(Note MH = Memorial Hall)

APRIL

Mo 1 st	Tinclar's Library, Church Hall, 12-2pm Pilates, MH, 5.30pm and 6.30pm
We 3 rd	French Group, Small Hall, 2.30-3.30pm
Th 4 th	Bell Ringing practice, from 2pm
Sa 6 th	Community litter pick, MH, 10am
Su 7 th	Benefice service: Holy Communion at Clifton, 9.15am Benefice service: Cafe Church at Askham Village Hall, 11.15am
Mo 8 th	Tinclar's Library, Church Hall, 12-2pm Pilates, MH, 5.30pm and 6.30pm
Tu 9 th	BDLHS, MH, 7.30pm
Th 11 th	Bell Ringing practice, from 2pm
Su 14 th	'Café Church', Church Hall, 9.45am
Mo 15 th	Tinclar's Library, Church Hall, 12-2pm Pilates, MH, 5.30pm and 6.30pm

Tu 16th Annual Public Meeting of Bampton PCC, Church Hall, 7pm
 We 17th French Group, Small Hall, 2.30-3.30pm
 Sports Committee meeting at the Mardale Inn, 7.30pm. All welcome
 Th 18th Bell Ringing practice, from 2pm
 Sa 20th Bampton Cinema, MH, "The Blues Brothers". Doors open 7pm
 Su 21st Holy Communion, **9.45am**
 Mo 22nd Tinclar's Library, Church Hall, 12-2pm
 Pilates, MH, 5.30pm and 6.30pm
 Th 25th Bell Ringing practice, from 2pm
 Su 28th Holy Communion, **9.45am**
 Mo 29th Tinclar's Library, Church Hall, 12-2pm
 Pilates, MH, 5.30pm and 6.30pm

MAY

We 1st French Group, Small Hall, 2.30-3.30pm
 Th 2nd Bell Ringing practice, from 2pm
 Su 5th Holy Communion, **9.45am**
 Mo 6th Tinclar's Library, Church Hall, 12-2pm
 Pilates, MH, 5.30pm and 6.30pm
 Tu 7th BDLHS, Burnbanks car park, 6pm
 Th 9th Bell Ringing practice, from 2pm
 Su 12th 'Café Church', Church Hall, **9.45am**
 Mo 13th Tinclar's Library, Church Hall, 12-2pm
 Pilates, MH, 5.30pm and 6.30pm
 We 15th French Group, Small Hall, 2.30-3.30pm
 Th 16th Bell Ringing practice, from 2pm
 Su 19th Holy Communion, **9.45am**
 Mo 20th Tinclar's Library, Church Hall, 12-2pm
 Pilates, MH, 5.30pm and 6.30pm
 Th 23rd Bell Ringing practice, from 2pm
 Su 26th Holy Communion, **9.45am**
 Mo 27th Tinclar's Library, Church Hall, 12-2pm
 Pilates, MH, 5.30pm and 6.30pm
 We 29th French Group, Small Hall, 2.30-3.30pm
 Th 30th Bell Ringing practice, from 2pm

The Abbey Kitchen

Main Street, Shap, Penrith, CA10 3NQ

Tel: 01931 719177 Email: info@theabbeykitchen.co.uk

CAFÉ TAKEAWAY GIFTS

JENNY AND THE TEAM LOOK FORWARD TO SERVING YOU

Wednesday to Saturday 8.30am to 4.30pm

Sunday 10.00am to 3.00pm

Music Lessons

Face-to-face or online tuition in percussion, drums, piano, brass and theory.
20 years experience teaching (Guildhall, Royal College of Music, Trinity/Laban) and performing (London Symphony Orchestra, Philharmonia, Adele, Kanye West and the Kings Consort). Beginners, advanced students and those who want to brush up their skills are all welcome!

Steve and Katie 07946 328806 Shap
stephen.burke.mail@gmail.com

